

## MENU - WEEK ONE.





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads
Lunch	Vegetarian Pasta bake served with salad	Cheesy Fish Pie served with vegetables	Roast chicken with roast potatoes, stuffing, Yorkshire puddings, gravy and vegetables	Beef Mince Hotpot served with vegetables	Chicken and chickpea curry served with rice and vegetables
Alternative Lunch	Vegetarian Pasta Bake served with salad	Creamy Broccoli and potato pie served with vegetables	Vegetarian roast with roast potatoes, stuffing, Yorkshire puddings, gravy and vegetables	Vegetable hotpot	Chickpea and spinach curry served with rice and vegetables
Pudding	Pineapple	Granola Yoghurt Bites	Gingerbread men biscuits	Oaty apple crumble with custard	Trifle
Snack	Carrot Batons and Cheese cubes	Breadsticks	Pepper Sticks and water biscuits	Rich Tea	Cucumber Sticks and raisins
Tea	Potato Waffles and beans	Pizza Naan breads with cucumber sticks	Assorted sandwiches with veg	Pizza Muffins	Filled Potato Skins
Pudding	Chocolate courgette cake	Honey melon	Berry medley	Satsumas	Pears



## MENU - WEEK TWO.





0		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads
	Lunch	Pasta bolognaise bake served with salad	Chicken and leek pie served with carrot and swede mash and vegetables	Chicken Chow Mein	Chilli con carne served with rice	BBQ cowboy hotpot served with vegetables
	Alternative Lunch	Vegetarian bolognaise pasta bake served with salad	Creamy root vegetable pie served with a carrot and swede mash and vegetables	Vegetable Chow Mein	Vegetarian chilli served with rice	BBQ vegetarian sausage cowboy hotpot served with vegetables
	Pudding	Granola yoghurt bites	Rice pudding with jam	Pancakes	Cinnamon whirls	Vanilla cupcake
	Snack	Digestive biscuit	Cucumber Sticks and rice cake	Cream crackers	Carrot Batons With water biscuits	Raisins and cheese cubes
	Tea	Cream cheese toasted bagels with carrot batons	Crumpets with butter/ marmite served with cherry tomatoes	Cheese and spinach pinwheels served pepper sticks	Chicken Tikka bites with chapatis and cucumber raita drip	Tuna melt pitta pockets served with sweetcorn
	Pudding	Apples	Bananas	Mango	Watermelon	Yoghurts



## NŮ - WEEK THREE



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Breakfast	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	
	Lunch	Meatball and mozzarella bake served with wholegrain pasta and vegetablesS	Cornflake chicken strips served with cubed potatoes and baked beans	Roast pork with roast potatoes, stuffing, Yorkshire puddings, vegetables and gravy.	Homemade Salmon and sweet potato cakes with vegetables	Spaghetti carbonara served with garlic bread and vegetables	
	Alternative Lunch	Vegetarian meatball and mozzarella bake served with wholegrain pasta and vegetables	Breaded vegetable fingers, cubed potatoes and baked beans	Vegetarian roast with roast potatoes, stuffing, Yorkshire puddings, vegetables and gravy.	Homemade cheese and onion sweet potato cakes served with vegetables	Vegetarian spaghetti carbonara served with garlic bread and vegetables	
	Pudding	Fruit cocktail and ice cream	Lemon drizzle loaf	Honeydew Melon	Rocky Road	Angel Delight	
	Snack	Oat Cakes	Rice cakes	Dried Cranberries	Water Biscuits	Carrot batons with breadsticks	
	Tea	Picnic Tea	Savoury cheese and chive muffins with carrot batons	Fish finger wraps with cucumber sticks	Tomato soup with Toast	Jacket potatoes with baked beans	
	Pudding	Pears	Bananas	Apple Lollies	Berry medley	Satsumas	



## MENU - WEEK FOUR





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads
Lunch	Sweet and sour chicken served with rice and vegetables	Toad in the hole served with mash, vegetables and gravy	Creamy tomato orzo pasta served with vegetables	Beef stew and dumplings served with new potatoes and vegetables	Homemade margherita Pizza and chips and baked beans
Alternative Lu	Sweet and sour vegetables nch served with rice	Vegetarian toad in the hole, served with mash, vegetables and gravy	Creamy tomato orzo pasta served with vegetables	Root vegetable stew and dumplings served with new potatoes and vegetables	Homemade margherita Pizza and chips and baked beans
Pudding	Jam and coconut	Fruit skewers and chocolate dip	Banana loaf	Yoghurts	Homemade cookie
Snack	Oat Cakes	Raisins	Cucumber sticks	Apricots	Crispbreads
Tea	Ham and cheese toasties with carrot batons	Dippy Egg and Soldiers	Ploughman's platter with cherry tomatoes	Mini crustless quiches with pepper sticks	Homemade macaroni cheese
Pudding	Jam and coconut spongeBananas	Kiwi	Apples	Watermelon	Mango

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