










Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads
Lunch	Chicken Chow Mein with vegetables	Beef Lasagna with salad	Roast Pork with potatoes, stuffing, Yorkshire puddings, veg and Gravy	Cheesy Fish Pie with vegetables	Lentil, Potato and feta Curry with rice
Vegetarian option	Vegetarian Chow Mein with vegetables	Vegetarian Lasagna with salad 	Vegetarian Roast, with potatoes, stuffing, Yorkshire puds, vegetables & gravy	Cheesy broccoli and potato Pie with vegetables	Lentil, potato and Feta Curry served with rice
Pudding	Oat Cookies	Honeydew melon	Yoghurts	Berry medley	Flapjack
Afternoon Snack	Carrot Batons and Dip	Rich tea Biscuit	Raisins	Rice cake	Cucumber sticks and Dip
Tea 	Crumpets and cheese cubes	Mini Crustless quiches with pepper sticks	Chicken/vegetarian Tikka Bites, served with chapatis and salad	Tomato Soup with toast	pizza Pinwheels with carrot batons
Pudding 	Apples	Rice Krispie cake	Satsumas	Banana loaf cake	Pineapple





Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads	Cereals/porridge toast with spreads
Lunch	Beef Biryani served with salad	Sausage Plait with cubed potatoes and baked beans	Chicken Cobbler with mash & vegetables	Creamy Tomato Orzo Pasta served with vegetables	Homemade margherita pizza with chips and salad
Vegetarian option	Vegetable Biryani with salad	Cheese & onion plait, cubed potatoes & beans	Root vegetable cobbler with mash potatoes and vegetables	Creamy tomato Orzo pasta served with vegetables	Homemade margherita pizza with chips and salad
Pudding	 Bananas	Fruit cocktail and ice cream	Pears 	Frozen yoghurt, berry & biscuit	 Oranges
Afternoon Snack	Water Biscuits	Cucumber sticks and dip	Breadsticks	Carrot batons and dip	Apricots
Tea	Spaghetti hoops on toast	Veggie and tomato stars with cheese cubes	Beef Quesadillas with cucumber	Loaded potato skins	Mixed sandwiches with salad
Pudding	Jam and coconut sponge	Watermelon 	Rocky Road	 Mango	Vanilla cupcake